Northern Regional Behavioral Health Policy Board next steps 10.7.21

1. Regional Board Infrastructure development

- a. Review authority in NRS and have LCB provide presentation on intent
- b. Match priorities with authority currently in law
- c. Explore possibility of BDR to align with priorities in coordination with other bodies/
- d. Enhance explore data dashboard
 - i. Healthy communities tomorrow- coordinate with state on their efforts
- e. Continue to advocate for a data analyst
- f. Advocate for sustainable funding source of RBHC position
- g. Table-top exercise for BH Emergency Operations Plan

2. Affordable and supported housing and other social determinants of health

- a. Have presentation by subject matter expert on housing
- b. Dr. Amy Hynes- Sutherland can serve as liaison with Carson housing committee and identify housing specialist presenting
- c. Social determinants of health: food deserts, outdoor places to play, poor water quality, poverty, and homelessness in our region- John Packham to provide presentation
- d. Nevada Rural Housing Authority presentation

3. Behavioral health workforce with capability to treat adults and youth

- a. Advocate for tiered approach for a calibrated mental health system that includes a robust relationship between clinicians, CHW's, and peers.
 - i. Clinician:
 - Dept of Ed awarded for 5 years for schools to continue to build up work force that matches population: training opportunities in middle school and high school. Presentation with Dana Walburn- Ruby Kelley/ Dept of Education on ongoing grant.
 - 2. Get more information on location flexibility for supervision of interns
 - 3. Science of innovation and technology- GME taskforce- efforts to expand graduate fellowship
 - ii. Define community health worker: Aiding in completion of care plan
 - 1. Formalize subcommittee to work with partnership to sustain CHW's in the state. Erik liaison board member attend RNHN and provide updates to board.
 - 2. Presentation on Statewide CHW on CDC grant bringing in 50 CHW's to assist seniors
 - 3. Reach out to Medicaid for billing reimbursement
 - 4. Advocate for CHW reimbursement for behavioral health services
- b. Peer: Part of care plan
 - i. Clarify, define, educate meaningful role of peer support specialists in region to avoid misuse.
- 4. Development of a regional crisis response system (Obtain sustainable funding for current crisis stabilization and jail diversion programs (MOST, FASTT, CIT, and Carson Tahoe Mallory Crisis Center)

- a. Waiting for crisis stabilization unit billing rates, looking into assertive community treatment, and FEP
- b. Building CHW rate now, waiting for update
- c. Medicaid billing
 - i. Dana Walburn will provide information on opportunity for counties to develop billing consortium
 - ii. Jessica will develop monthly peer Medicaid billing group (regional)
 - a. Look at cost/ benefit analysis (include what provide types certified to bill for)
 - b. Follow up with Dana Walburn
- d. Advocate on behalf of local communities for 988 planning

5. Increase access to treatment in all levels of care

- a. Look into issues with under insurance or people with no insurance
- b. Connect providers with trauma recovery grant for uninsured youth
- c. Advocate for increased residential treatment and supported living arrangements
- d. Support community centers/ peer drop-in centers, living rooms models

6. Develop services to support continuity of care (i.e. continuation of medication/ service connection with community health worker)

- a. Bring psychological first aid training to CHW organization
- b. Presentation/ perspectives on benefits of psychological first aid
- c. Integrate continuity of care in behavioral health emergency operations
- d. Focus on discharge planning and strengthen continuity of care
 - i. Follow up with DPBH discharge planning group
 - ii. Look into structural solutions to strengthen warm hand offs

Churchill, Eureka, Mineral, Pershing